

# ~ Cyndi Dale ~

## Essential Energy



**Cyndi Dale is an internationally renowned author**, speaker, healer, and business consultant. Her books to-date includes the bestseller, *The Subtle Body: An Encyclopedia of Your Energetic Anatomy*, the winner of four internationally recognized Publisher's Awards.

**Cyndi has presented seminars** and workshops in Russia, England, Wales, Amsterdam, Iceland, Scotland, and has led groups across South and Central America and into Africa. Her training has encompassed studies in shamanism and healing across the world, taking her into the Peruvian, Belizean, Hawaiian, and Costa Rica jungles, the Moroccan sands, the Venezuelan savannahs, and the glaciers of Iceland. She seeks to unify the world's most vital spiritual messages, encouraging understanding and community among all peoples.

On a daily basis, **Cyndi works with clients** and groups, serving as an intuitive coach and an energy healer. Clients are commonly referred by professionals, including psychiatrists, medical doctors, and therapists. She continues to hone her ability to help people discover their essential selves so that they can make healthy and positive changes in their lives.

**Cyndi offers training**, classes and apprenticeship programs in the United States. Through Normandale College in Minneapolis, MN, she offers a seven-class certificate program, "Energy Works: The Subtle Body Certificate," which is also being developed for online learning. She is also noted for her one-year Apprenticeship Program, an in-depth developmental process of the spiritual gifts; and training in clairvoyance, clairaudience, and healing.

With Anthony J.W. Benson, she provides creativity and writing classes through their business, **Dreams Made Manifest**. One arm of this endeavor is Deeper Well Publishing which serves as a publishing company for her own and Anthony's projects as well as other books and products.

**Cyndi has been trained in several different healing modalities**, including shamanism, intuitive healing, energy healing, family of origin therapy, therapeutic touch, the Lakota way and faith healing and holds a fourth degree mastership in Reiki. Her travels and training have taken her around the world. She taught business ethics at the University of Minnesota; served as a public relations consultant to 3M and Tonka, and has been honored in "Who's Who in American Business," "The American Women of Noteworthy Achievement" and the "International Association of Business."

In addition to her newest works publishing in 2011, *Kundalini: Divine Energy, Divine Life, Energetic Boundaries: How to Stay Protected and Connected in Work, Love, and Life*, and ***The Intuition Guidebook: How To Safely and Wisely Use Your Sixth Sense from Deeper Well Publishing***, her other world-renowned books include *New Chakra Healing*, now published in over twelve languages and revised in an all new edition *The Complete Book of Chakra Healing; Advanced Chakra Healing: The Four Pathways Approach; Everyday Clairvoyant; Attracting Prosperity Through the Chakras; Attracting Your Perfect Body Through the Chakras; Advanced Chakra Healing: Heart Disease*, and *Advanced Chakra Healing: Cancer*.

Cyndi lives in Minneapolis with her sons, Michael and Gabriel, as well as way too many pets, all of which believe they have voting rights to her time. For more information on how to connect with Cyndi, visit [CyndiDale.com](http://CyndiDale.com).



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